





# The Inside Rail



## Want to help your greyhound chill out?

This summer is set to be a scorcher, so it's important to cool your greyhounds down after racing. Here are some handy hosing tips:

-  Gently drizzle water over the head and neck
-  Hose up and down legs, particularly between the toes
-  Hose in a line from shoulders to hips
-  Hose the chest area



## Breeding unit scam

A reminder to be vigilant when purchasing breeding units online as attempts have been made to deceive people into purchasing units that either do not exist, or are not genuine. Do not transfer funds without first confirming legitimacy and identity of a seller.



## Want to Race Well with new rules?

On 1 November Greyhounds Australasia introduced a number of new rules, two of which relate to prohibited substances.

**Bisphosphonates** are now permanently banned substances while **ethinylestradiol** and **levonorgestrel** are exempt when used for preventing oestrus.

If you are not sure if a medication and/or supplement is safe to administer, use the **Race Well** substance validator app.



Our website has a fresh, new look. You can check it out at [www.gwic.nsw.gov.au](http://www.gwic.nsw.gov.au)



## From the Stewards' box

**A PUBLIC ANNOUNCEMENT:** When speaking or writing publicly about the greyhound racing industry and the people who are involved, remember to be respectful and responsible.

It is an offence to use improper, insulting or offensive language in relation to a controlling body, a club, a committee or sub-committee and its employees/members. Those who do so may face disciplinary action.

**RESPECT**

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## Code of Practice

Part 7: Exercise, socialisation & enrichment

**LOVE A FREEBIE:**  
Greyhounds that are in training must be provided with at least 30 minutes of free exercise every day - either free play outside the housing area or being walked on a lead - as well as access to toys.

